

9

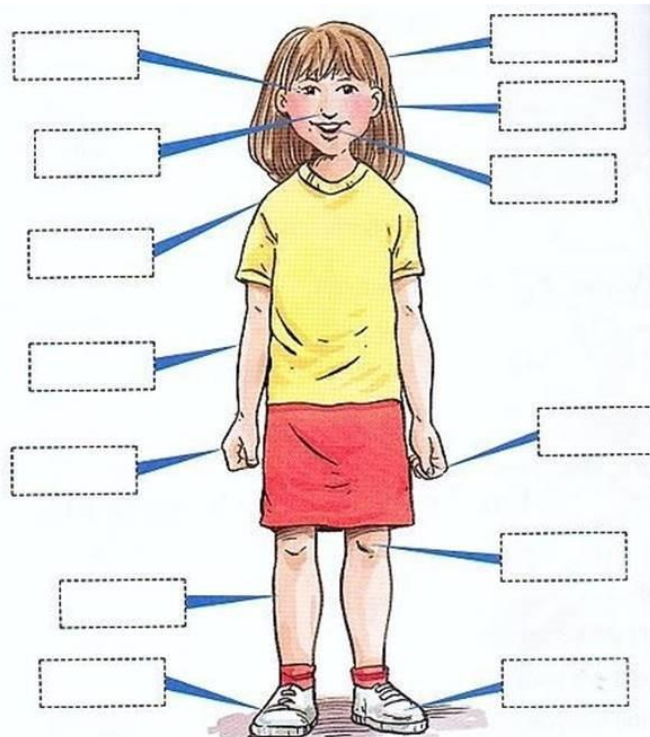
lesson – сабақ- урок

Kung fu

parts of the body	части тела
arms	руки
back	спина
chest	грудь
ears	уши
eyes	глаза
feet	нога
fingers	пальцы (на руках)
hands	руки(ладонь)
knees	колени
legs	ноги
mouth	рот
neck	шея
nose	нос
shoulders	плечи
stomach	живот
toes	пальцы (на ногах)

1

MATCH THE PARTS OF THE BODY WITH THE WORDS FROM THE BOX.



READ AND TRANSLATE THE TEXT.

No pain, no gain

David Simmons comes from London, but he's in China for three months. He's a student at the Dengfeng Kung Fu School. In this interview with Martial Arts Monthly David talks life at the school.

MAM: Tell me about a typical day. What time do you get up?

David: We get up at five o'clock and start training immediately. We haven't got time to have breakfast. If we're late, the teachers hit us with sticks.

MAM: How do you train?

David: First we train our legs, arms and stomachs. We run up and down 1.000 steps and press-ups. The training is very, very hard.

MAM: How do you understand the teachers? Do you speak Chinese?

David: A little, yes. But the teachers speak English so I don't have a problem.

MAM: When do you have breakfast?

David: At half past seven. We have rice and soup. We have a short rest and training starts again at nine o'clock. We practice hitting with our hands and kicking with our feet. Then we have lunch and a long rest.

MAM: Do you train in the afternoons too?

David: Yes, I like the afternoons because we train with sticks and swords.

MAM: Is it dangerous?

David: No, not really, because we don't fight.

MAM: When does training finish?

David: At six o'clock. We have a shower, and have dinner at half past six – rice and soups again – then we go to bed.

MAM: What do you want to do when you go back to Britain?

David: I want to start a kung fu school in London and teach people kung fu. I also want to appear in films as a kung fu fighter.

3

LOOK AT THE TEXT THEN WHICH SENTENCE IS TRUE?

1. David trains only in the mornings.
2. David trains only in the afternoons/
3. David trains in the mornings and afternoons.

4

FIND FIVE PARTS OF THE BODY IN INTERVIEW.

5

ARE THE SENTENCES TRUE OR FALSE?

1. David Simmons works in China.
2. He has breakfast before he starts training.

3. David speaks a little Chinese.
4. In the mornings they practice fighting.
5. They have a rest before lunch.
6. David wants to teach kung fu when he goes back to Britain.

6

READ AND ANSWERS AND COMPLETE THE QUESTIONS. USE THE PRESENT SIMPLE.

1. Where _____ ?
He comes from London.
2. What _____ ?
He studies kung fu.
3. What _____ ?
Rice and soup.
4. Why _____ ?
Because he trains with sticks and swords.
5. When _____ ?
At half past six.

7



1.36

LISTEN AND COMPLETE THE SONG WITH THE VERBS FROM THE BOX.

are are fight knows makes says start take

KUNG FU FIGHTING

Everybody is kung fu fighting –
Those cats _____ fast as lighting
In fact it is a little bit frightening.
But they _____ with expert timing.
They _____ funky Chinamen from funky
Chinatown.
They are chopping them up.
They are chopping them down.
It's an ancient Chinese art
And everybody _____ their part.
From a feint into a slip.
And kicking from the hip.

Chorus

There is funky Billy Ching and
Little Sammy Chung.
He _____ Here comes the big boss – let's get it on!



We _____ a bow and make a stand.
_____ swinging with the hand
The sudden motion _____ me skip-
Now we're into a brand new trip!

Chorus