

## Check up homework.

**READ THE ARTICLE AGAIN. IN WHICH PLACES ARE THESE THINGS IMPORTANT?**

**МАҚАЛАНЫ ҚАЙТАДАН ОҚЫҢИЗ. БҰЛ ЗАТТАР ҚАНДАЙ ЖЕРЛЕРДЕ МАҢЫЗДЫ?**

**ПРОЧТИТЕ СТАТЬЮ ЕЩЕ РАЗ. В КАКИХ МЕСТАХ ЭТИ ВЕЩИ ВАЖНЫ?**

1 a special kind of water \_\_\_\_\_

2 a special kind of food \_\_\_\_\_

3 the weather \_\_\_\_\_

4 a special kind of drink \_\_\_\_\_

**UNDERLINE NEW WORDS OR PHRASES IN THE TEXTS AND COMPARE WITH A PARTNER. TRY TO GUESS THEIR MEANING. CHOOSE TWO WORDS TO LEARN FROM EACH TEXT.**

**МӘТІНДЕРДЕГІ ЖАҢА СӨЗДЕРДІ НЕМЕСЕ СӨЗ ТІРКЕСТЕРІН БАСА КӨРСЕТИП, СЕРІКТЕСПЕН САЛЫСТЫРЫҢИЗ. ОЛАРДЫҢ МАҒЫНАСЫН БОЛЖАУҒА ТЫРЫСЫҢИЗ. ӘР МӘТІННЕН ҮЙРЕНУ ҮШІН ЕКІ СӨЗДІ**

**ТАҢДАҢИЗ. ПОДЧЕРКИВАЙТЕ НОВЫЕ СЛОВА ИЛИ ФРАЗЫ В ТЕКСТАХ И СРАВНИВАЙТЕ С ПАРТНЕРОМ. ПОПЫТАЙТЕСЬ УГАДАТЬ ИХ ЗНАЧЕНИЕ. ВЫБЕРИТЕ ДВА СЛОВА ДЛЯ ИЗУЧЕНИЯ ИЗ КАЖДОГО ТЕКСТА.**

# of a long life

In three areas of the world a very high number of people live to be 100. Scientists want to know why. What do the three places have in common?

## Ecuador

**V**ilcabamba, a small village in the Andes, is often called 'the Valley of Long Life'. What's its secret? Firstly, Vilcabamba is not very hot or very cold – the temperature is usually between 18 and 27 degrees, and the air is very clean. Secondly, people work hard in the fields, and do a lot of exercise. Thirdly, their diet is very healthy – they eat a lot of fruit and vegetables, and they hardly ever eat meat or fish. The water they drink, from the river in Vilcabamba, is very rich in minerals. They also have a good social life. In Vilcabamba people say, 'The left leg and the right leg help you to be healthy, because they take you to your friends' homes.'

## Italy

**I**n Ogliastra, a mountain region of Sardinia, one out of every 200 people lives to be 100, and they are normally very healthy, too. Most of the people in the villages work outside in their fields and with their animals. They have a healthy diet, with a lot of vegetables and not much meat or fish. They hardly ever take any medicine, but they usually drink a little *grappa* before they go to bed. 'Life is hard,' says Fortunato, who is a shepherd, 'but I am never stressed. I never read the newspaper – because I can't read very well.'

## Japan

**P**eople in Okinawa in Japan do not have big meals. They usually just have vegetables and fish, and often eat soya. Okinawans are very active, and they often work until they are 80 or more. But they also relax every day – they see friends and they meditate. Ushi, from Okinawa, is 107. In the evening she often dances with her daughter and has a glass of *sake*. 'I want to have a boyfriend,' she says. When journalists ask people from Okinawa 'What is your secret?' they answer, 'We are happy, we are always positive, and we are never in a hurry.'



Can she dance?

Yes, but she can't sing.

# Do you have the X Factor?

## New words

### 1. MATCH THE VERBS AND PICTURES.

ЕТІСТІКТЕР МЕН  
СУРЕТТЕРДІ  
СӘЙКЕСТЕНДІРІҢІЗ.  
СОПОСТАВЬТЕ  
ГЛАГОЛЫ И КАРТИНКИ.

- buy (a ticket) /baɪ/  
call/phone (your mum) /kɔ:l//fəʊn/  
dance (the tango) /dɑ:ns/  
draw (a picture) /drɔ:z/  
drive (a car) /draɪv/  
find (a parking space) /faɪnd/  
forget (somebody's name) /fə'get/  
give (somebody flowers) /gɪv/  
hear (a noise) /hɪə/  
help (somebody) /help/  
look for (your keys) /lʊk fɔ:z/  
meet (for a coffee) /mi:t/  
paint (a picture) /peɪnt/  
play (chess) /pleɪ/  
remember (somebody's name) /rɪ'membə/  
run (a race) /rʌn/  
see (a film) /si:/  
sing (a song) /sɪŋ/  
swim (in the sea) /swɪm/  
take (photos) /teɪk/  
talk (to your teacher) /tɔ:k/  
tell (somebody a secret) /tel/  
use (a computer) /ju:z/ wait for (a bus) /weɪt fɔ:z/



### 2. CAN YOU REMEMBER THE VERBS FOR THINGS PEOPLE DO IN THEIR FREE TIME?

АДАМДАРДЫҢ БОС УАҚЫТЫНДА НЕ ІСТЕЙТІНІН БІЛДІРЕТІН  
ЕТІСТІКТЕРДІ ЕСКЕ ТҮСІРЕ АЛАСЫЗ БА?



**МОЖЕТЕ ЛИ ВЫ ВСПОМНИТЬ ГЛАГОЛЫ, ОБОЗНАЧАЮЩИЕ ТО, ЧТО ЛЮДИ ДЕЛАЮТ В СВОБОДНОЕ ВРЕМЯ?**

d \_\_\_\_\_ exercise

p \_\_\_\_\_ the guitar

i \_\_\_\_\_ to music

g \_\_\_\_\_ to the gym

w \_\_\_\_\_ TV

h \_\_\_\_\_ a coffee

# GRAMMAR

## CAN / CAN'T

**3. READ ABOUT GARY'S AUDITION FOR A BRITISH TV PROGRAMME WHERE PEOPLE TRY TO BECOME PROFESSIONAL SINGERS. COMPLETE IT WITH PHRASES A-E.**

**АДАМДАР КӘСІБИ ӘНШІ БОЛУҒА ТЫРЫСАТЫН БРИТАНДЫҚ ТЕЛЕБАҒДАРЛАМАҒА ГАРИ ТЫҢДАУ ТУРАЛЫ ОҚЫҢИЗ. МҰНЫ А-ДАН Е-ГЕ ДЕЙІНГІ ТІРКЕСТЕРМЕН ТОЛЫҚТЫРЫҢИЗ. ПРОЧИТАЙТЕ О ПРОСЛУШИВАНИИ ГЭРИ ДЛЯ БРИТАНСКОЙ ТЕЛЕПРОГРАММЫ, ГДЕ**



**ЛЮДИ ПЫТАЮТСЯ СТАТЬ  
ПРОФЕССИОНАЛЬНЫМИ ПЕВЦАМИ.  
ДОПОЛНИТЕ ЭТО ФРАЗАМИ ОТ А ДО Е.**

- a Can you come with me, please?
- b I can't remember the words!
- c you can have coffee downstairs.
- d we can't hear you.
- e Where can I park?



**4.  2.56))) NOW LISTEN TO GARY AND TWO OTHER PEOPLE (JUSTIN AND NAOMI) SING. VOTE FOR THE PERSON YOU WANT TO BE IN THE SHOW.**

**ЕНДІ ГАРИ МЕН ТАҒЫ ЕКІ АДАМНЫҢ ӘН АЙТҚАНЫН  
ТЫҢДАҢЫЗ (ДЖАСТИН МЕН НАОМИ). ШОУДА КӨРГІҢІЗ  
КЕЛЕТІН АДАМҒА ДАУЫС БЕРІҢІЗ.**

**ТЕПЕРЬ ПОСЛУШАЙТЕ, КАК ПОЮТ ГЭРИ И ЕЩЕ ДВА  
ЧЕЛОВЕКА (ДЖАСТИН И НАОМИ). ПРОГОЛОСУЙТЕ ЗА  
ЧЕЛОВЕКА, КОТОРОГО ВЫ ХОТИТЕ ВИДЕТЬ В ШОУ.**



**5. 2.57. LISTEN TO THE JUDGES. WHAT DO THEY SAY ABOUT EACH SINGER? HOW DOES GARY FEEL?**

**СУДЬЯЛАРДЫ ТЫҢДАҢЫЗ. ОЛАР ӘР ӘНШІ ТУРАЛЫ НЕ  
АЙТАДЫ? ГАРИ ӨЗІН ҚАЛАЙ СЕЗІНЕДІ?**

**2.57))) ПРИСЛУШАЙТЕСЬ К СУДЬЯМ. ЧТО ОНИ ГОВОРЯТ О  
КАЖДОМ ПЕВЦЕ? КАК СЕБЯ ЧУВСТВУЕТ ГЭРИ?**

**6. LOOK AT FOUR SENTENCES WITH CAN / CAN'T. MATCH SENTENCES 1-4 WITH A-D.**

**CAN БАР ТӨРТ СӨЙЛЕМДІ ҚАРАҢЫЗ / МҮМКІН ЕМЕС. 1-4  
СӨЙЛЕМДЕРДІ А-D-ГЕ СӘЙКЕСТЕНДІРІҢІЗ.**

**ПОСМОТРИТЕ НА ЧЕТЫРЕ ПРЕДЛОЖЕНИЯ С CAN | НЕ МОГУ.  
СОПОСТАВЬТЕ ПРЕДЛОЖЕНИЯ 1-4 С А-D.**

- 1. \_\_ You can't sing!
- 2. \_\_ You can't park here.
- 3. \_\_ Can you come with me, please?
- 4. \_\_ You can have coffee downstairs.

- a It isn't OK.
- b It's possible.
- c Please do it.
- d You don't know how.

**7. LEARN MORE ABOUT CAN/ CAN'T AND PRACTICE IT.**

**МУМКИН / МУМКИН ЕМЕС НӘРСЕЛЕР ТУРАЛЫ КӨБИРЕК БІЛІҢІЗ ЖӘНЕ ОНЫ ОРЫНДАҢЫЗ.**

**УЗНАЙТЕ БОЛЬШЕ О ТОМ, ЧТО МОЖНО / НЕ МОГУ, И ПРАКТИКУЙТЕ ЭТО.**

I can sing, but **I can't** dance. 🎵58))

**I can** come on Tuesday, but **I can't** come on Wednesday.

**You can** park here. **You can't** park there.

**Can you** help me? **Can I** open the window?

- can + infinitive has different meanings:

7.1 I can = I know how to.

I can't = I don't know how to.

2 I can = It's possible for me.

= It's impossible for me.

can = It's OK / It's permitted.

You can't = It's not OK / It's not permitted.

Can you...? = Please do it.

I can't

[...? Is it OK if I do it?

+			-					
I / You / He / She / It / We / They	can	swim. come. help.	I / You / He / She / It / We / They	can't	swim. come. help.			
?		✓	✓		✗			
Can	I / you / he / she / it / we / they	swim? come? help?	Yes,	I / you / he / she / it / we / they	can.	No,	I / you / he / she / it / we / they	can't.

- can and can't are the same for all persons (I, you, he, etc.). **NOT** He cans
- Contraction: can't = cannot.
- Don't use to after can.

*I can swim. NOT I can to swim.*

## Homework



**8. 2.59) LISTEN AND REPEAT THE DIALOGUES. COPY THE RHYTHM.**  
**ДИАЛОГТАРДЫ ТЫҢДАП, ҚАЙТАЛАҢЫЗ. МАҚТЫ КӨШІРІҢІЗ.**  
**СЛУШАЙТЕ И ПОВТОРЯЙТЕ ДИАЛОГИ. КОПИРУЙ РИТМ.**

A **Can** you **come** tomorrow?

B **Yes.** I can **come** in the **morning.**

A **Can** you **play** a **musical instrument**?

B **Yes,** I **can.**

A **What** can you **play**?

B I can **play** the **guitar.**

A **Can** we **park** here?

B **No,** you **can't.** You **can't park** here.



**8. 2.60) LISTEN. CAN YOU HEAR THE DIFFERENCE?**  
**ТЫҢДАҢЫЗ. СІЗ АЙЫРМАШЫЛЫҚТЫ ЕСТІСІЗ БЕ?**  
**СЛУШАЙТЕ. ВЫ СЛЫШИТЕ РАЗНИЦУ?**

1 **a** I can sing. **b** I can't sing.

2 She can dance very well. **b** She can't dance very well.

3 **a** He can cook. **b** He can't cook.

4 **a** I can come to the meeting.

**b** I can't come to the meeting.

5 **a** You can park here. **b** You can't park here.

6 **a** I can drive. **b** I can't drive.